**Interview Transcript:**

**Appendix C:**

Q1 Interviewer: So how do you like the different tables?

Mr. Sereeyothin: It's pretty convenient to have all the data like that so I'm satisfied. I see a "remove set" button, but not a "remove exercise one". I think that would be pretty useful. Also, what if I want to change the weight in a particular set, would I need to remove the set and add a new one? That seems kind of inconvenient.

Q2 Interviewer: Yeah, as of now that would be the way to do it. Also, what do you think about the premade exercises?

Mr. Sereeyothin: They're stable exercises, but honestly I think it needs more exercises. Couldn't you get them from some sort of database?

Q3 Interviewer: That's certainly a future consideration. Any other thoughts or suggestions you have.

Mr. Sereeyothin: None that I can think of right now, but I think if you add what I suggested above, you can get a pretty coherent program. But anyway, thanks for the program.